

Dear Parents/Guardians:

Bow School District's policy requires proof of a physical examination during 5th or 6th grade. Please take the enclosed pink form to your doctor when the exam is given. Update the Student Health History side of the form yourself prior to the doctor's visit. Return the completed form to Mrs. Ireland.

At the time of your child's visit, please check with your physician regarding immunizations to be sure they are up-to-date. **Important:** NH law now requires a record of a Varicella vaccine or documentation of a child having had Varicella (Chicken Pox) illness prior to entering 6th grade. Please be sure that this is documented on the physical exam form or the slip at the bottom of this page. A record of a 2nd Measles vaccine is required prior to 7th grade and a tetanus vaccine needs to be updated at least every 10 years.

If you have already turned in a physical exam form during the 5th grade, please disregard the top portion of this notice, but return the slip below regarding varicella.

Students planning to participate in school sports and/or attend the science camps in grades 6 & 8 must have a recent physical exam report on file at school prior to participation.

Feel free to call the school in you have any questions or concerns regarding these requirements at 225-3212.

Sincerely,

Donna Ireland, RN
School Nurse

VARICELLA RECORD

Check one:

___ I certify that my child _____ received the Varicella vaccine on _____.
(date)

___ I certify that my child _____ had Varicella illness(Chicken Pox) on _____.
(date)

I give permission for the Bow Memorial School Nurse to contact my physician for verification if needed. _____
(doctor's name and phone number)

Parent's/Guardian's signature: _____ Date: _____