

Notes from the School Nurse

Eighth grade students attending Sargent Camp must have the health memorandum form signed by the doctor from their most recent physical exam within the last two years. If you have a physical exam form on file in the health office, you may request a copy to be sent to Sargent Camp. All completed forms must be returned to Mrs. Haubrich as soon as possible.

Eighth grade students wishing to play a sport at Bow High School need to have a Bow High Physical Form filled out from a physical dated after February 1, 2007. Questions regarding the High School physical requirements should be addressed to Leslie Bean, RN at 228-2210 ext. 334. Forms are available from the BMS front office. Students need a tetanus booster every 10 years. Many eighth graders may be in need of that booster within the next year.

Sixth grade students need to have a physical on file prior to attending Ferry Beach. The school district requires that it be from the fifth or sixth grade year. All students must have a second Measles vaccine prior to starting seventh grade.

Every student participating in school sports at BMS must have a current physical exam (within the last three years) on file with the health office. Students should check with me, if you aren't sure there is a physical on file. Also they will not be allowed to practice unless they have a blue permission/health history form filled out and returned to their coaches.

If you have questions about these policies, please call me at 225-3212 ext. 406.

Donna Ireland, RN