

## **FROM THE DIRECTORS DESK**

**Welcome back to another exciting and rewarding school year. We have had a few changes within our department that I would like to share with you. The Kitchen Manager at the Elementary school got married over the summer and her “new” name is Nancy Bouchard. Congratulations Nancy!!**

**The former Kitchen Assistant Barbara Torre is the current Kitchen Manager for the Memorial School. Congratulations in your new position!**

**The former Kitchen Manger of the Memorial School is now managing the High School Kitchen; Linda Conway. Congratulations!**

**On a more serious note; times are tough for many and during these times your financial status may have changed. You can apply for free and reduced lunches anytime throughout the year. There is a link on my web page that will allow you access to all the necessary information.**

**The foodservice department will continue to work diligently to obtain excess foods from NH Commodity Surplus Distribution. These items are offered to schools at a nominal fee. We incorporate these items in our school lunch menu which helps us to offset the cost. Nutrition Programs throughout the state get allocated commodity foods based on the number of meals served the previous month. Some months the state has excess commodities available to schools. Once the list becomes available it’s just a matter of who gets the fax transmitted to them first. With the rising costs of food, oil, and paper products every little bit helps.**

**The wellness committee will be meeting in the near future to discuss the health and wellness of the student population. We will look at our current policy and discuss the direction we are moving in so we can continually support the health and welfare of our students. TOGETHER we can make a difference!**

**We are currently offering healthy snack items at the Elementary level during lunch times these items meet the States “A” List. The Memorial and High School have a snack vending machine with “A” List approval items available to them as well. We are all trying to do our part!**

**Respectfully, Allison Niedbala, District Nutrition Director**