



THE WILDCAT DEN NUTRITION PROGRAM FEBRUARY 2010

A VARIETY OF MILK AND HEALTHY SNACK OPTIONS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 POPCORN CHICKEN WRAP SLICED PEACHES CARROT STICKS R.K. TREAT	2 CHEESE NACHOS CARROTS TOSSED SALAD FRUIT COCKTAIL APPLE CRISP	3 CHINESE PIE FRESH APPLE DINNER ROLL OATMEAL COOKIE	4 SPAGHETTI W/ MEAT SAUCE GREEN BEANS FRUIT MIX PUDDING	5 MOZZARELLA STICKS W/ SAUCE SWEET PEAS VEGGIE STICKS SLICED PEARS FRENCH ROLL
8 BBQ RIB ON A ROLL OVEN FRIES APPLESAUCE TEDDY GRAHAMS	9 CHICKEN PATTY ON A ROLL LETTUCE & TOMATO OVEN FRIES CELERY STICKS VANILLA PUDDING W/ TOPPING	10 SOFT TACO W/ SALSA SHREDDED CHEESE SWEET CORN SLICED PEARS BLUEBERRY COBBLER	11 GRILLED CHEESE W/ TOMATO SOUP CARROT STICKS PINEAPPLE BITS JELLO W/ TOPPING	12 CHEF'S CHOICE
15 CHICKEN NUGGETS GREEN BEANS SLICED PEACHES WHEAT BREAD C.C. COOKIE	16 COLD CUT SUB W/ FIXINGS OVEN FRIES SWEET CORN FRESH APPLE	17 CHICKEN & GRAVY SWEET CORN MASHED POTATO FRENCH ROLL APPLE COBBLER	18 PIZZA DIPPERS W/ SAUCE TOSSED SALAD CARROT STICKS BLACK FOREST CAKE	19 CHICKEN FAJITAS W/ SLASA & FIXINGS CHEDDAR CHEESE SWEET CORN VEGGIE STICKS PUDDING W/ TOPPING

ENJOY YOUR WINTER BREAK!

This facility is operated in accordance with the U.S. Department of Agriculture policy, which prohibits
Discrimination on the basis of race, color, sex, age, handicap, religion, or national origin

LUNCH COST \$ 2.00 FOR STUDENTS / \$2.50 FOR ADULTS

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MENU SUBJECT TO CHANGE WITHOUT NOTICE